



Canadian Mental
Health Association
Ottawa

Association canadienne
pour la santé mentale
Ottawa

Come celebrate Mental Health Week!

The Canadian Mental Health Association, Ottawa Branch
Invites you to a light breakfast and presentation

“I don’t want to talk about it” Men and Mental Health

By **Jacques Legault**, C. Psych., Gatineau
Specializing in Men’s Mental Health
(Bilingual)



Friday May 8, 2015, 8:30 a.m.-10:00 a.m.
R.A. Centre, Clark Hall
2451 Riverside Dr, Ottawa, ON K1H 7X7

No charge, reservation required.

Please contact Donna-Lynn Perron, dperrin@cmhaottawa.ca 613-737-7791